



*The below may be used as a working document, in conjunction with the TRC Measurement guide found at [arm.org/technology/measurement](http://arm.org/technology/measurement), and should be modified to fit the measurement goals of individual care plans. During the planning process, clear objectives for the technology in use should have been identified so that documentation could be captured to measure the effectiveness of the tool(s).*

**Checklist:**

- Review the Care Plan/Community Support Plan goals and objectives
- Check in with self-advocates, family, and staff regarding thoughts and feelings about technology in use
- Review any data collected
- Calculate costs
- Assess opportunities
- Review findings with team
  - Discuss recommendations
  - Identify opportunities

**Review Goals/Objectives:**

Goal/Objective # \_\_\_\_:

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Has this goal been met through the use of technology? Y N

Which support(s) is/are primarily responsible for meeting this goal?

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Feelings of person-served and family towards the technologies used in meeting this goal:

Positive feelings:

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Remaining reservations/negative feelings:

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Staff feelings towards the technologies used in meeting this goal:

Postive:

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Negative:

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**Overall:**

Are all supports in the original plan in place? Y N

If No,

Which are not in place?:

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Why were they removed?:

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Are all supports in place helping to achieve desired goals? Y N

If No, which supports are not helping meet goals/objectives and why?

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If data has been collected, has a review been completed? Y N

Did the data identify patterns for (check all that apply):

- Increased independence
- Increased privacy
- Additional needs
- Opportunity for less supports
- Response times
- Other \_\_\_\_\_

Take-aways from identified patterns:

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**What recommendations are there for moving forward? (addition of supports, removal of certain supports, etc)**

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**Other example items to consider (based on individual plan in place):**

- Were response times longer or shorter with technology supports?
- Number of calls placed by monitoring equipment
- Number of times assistance needed to be requested to complete a task
- Number of times a task was completed independently
- If being used for behavioral purposes, a decrease in target behaviors?
- If used for staff response, number of times used? Response time? Length of interaction?
- Were there more or less errors when administering medication?
- Did the time spent doing a lifestyle task increase or decrease?
- Hospital/treatment/CSU/jail/etc. stays (comparing use of technology to services provided prior)
- Work/Day program attendance
- Overall health (maintaining weight, taking medications/following Dr. orders)
- Healthy/appropriate relationships (roommates, community members, etc.)

Once the team has discussed/considered all areas above, a decision can be made regarding the best plan moving forward.